



NORTH COUNTY SCOTS

Newsletter

December 2009



Volume 5

Issue 12

Openings for Piping Students



Ages 7 through 14

No experience necessary

Classes held in Vista on
Monday evenings

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CNaismith@aol.com

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President's Message

The month of November brought forth our annual "Kirk'n of th' Tartan." We would like to thank Rev. Bill Brooks for helping with the service and his wife, Judy, for coordinating kitchen duties and Scottish goodies that were shared with the congregation after the worship service. Thanks to Jannette McLintock and Steve Ghio for helping in the kitchen. Thank you to Joe Fendrick for playing the piano at the reception and Barbara Lee at the clan sign in and Jim McAuley for taking pictures. Thanks, also, to John Keyes for playing the pipes. We couldn't have done it without your support.

This month we will have our annual Christmas party on Saturday, December 12. The party will begin at 2 pm. If you would like to participate in the gift exchange, please bring a gift (approximately \$10 value); gag gifts are acceptable. We will have a gift exchange for teens, 13 – 20; and then 21 and over will be for adults. If you have children 12 or under, please contact Mike or Janette with their names and ages to help Santa be prepared. The North County Scots will provide the main course, but please bring a side dish to share.

If you are unable to attend the Christmas party, let me take this opportunity to wish you a Merry Christmas and Happy Hogmanay!

Mike Hamnquist, President

Your Board of Directors

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PHOTOGRAPHER

Jim McAuley

CHAPLAIN

Rev. Bill Brooks

MISSION STATEMENT

Dedicated to all things Scottish

The stated goal of the North County Scots, as a non-profit organization, is to sponsor Scottish oriented youth activities and find pleasure in activities with other Scottish Associations and friends.

Tartan of the Month

Gailbraith



The name **Galbraith** probably originates from the Britons of the Kingdom of Strathclyde which did not become part of Scotland until 1124.

The first recorded chief of the Galbraiths appears in the 12th century, he married a daughter of Alwyn Og, son of Muireadhach, 1st Earl of Lennox. The fourth chief Sir William Galbraith married a daughter of the Black Comyn, he was one of the Co-Regents of Scotland in 1255. His son Sir Arthur married a daughter of Sir James Douglas and fought with Bruce.

The chiefship passed out of the main line to the Galbraiths Strathendrick, a cadet branch at the end of the 14th century. The Galbraiths were always closely linked to the Earls of Lennox and lent their support at the time when James I returned to Scotland from England and murdered his own kinsmen. The chief at the time is said to have aided in the raid of Dunbarton in 1425 and afterwards fled to Kintyre and Gigha escaping from the King. The 12th Chief, Thomas again took up arms with Lennox after the murder of James III in 1488, however after the defeat of Talla Moss, Thomas was captured and hanged in 1489. Andrew, the 14th Chief also partook with the Lennoxes when they attempted to rescue the young King James V from the Douglasses in 1426.

During the 16th century the 17th Chief of the Galbraiths, Robert, was renowned for his misdeeds, including the attempted murder of his brother-in-law to whom he owed money and the abuse of his power to pursue the Clan Gregor to attack the chief of MacAulay who had married his widowed mother against his will. Finally he was denounced a rebel and fled to Ireland sometime before 1642. His heir James, 18th chief was the last traceable member of the line. The Galbraiths who moved to Gigha held the island for the MacDonalds of the Isles till after 1590 but later took their protection.

The motto of the clan is:

Ab Obice Saevior

"All The Stronger When Opposed"



Information from www.clangalbraith.org/GalbraithHistory/GalbraithHistory.htm

Traditional Scottish Recipes

- Carrot and Orange Soup

You could always open a can of carrot and orange soup but it would not taste nearly as good as this freshly made variety! And of course you can adjust the ingredients to get exactly the flavour you want. Per the Rampant Scotland website, "this is a tasty winter warmer."

Ingredients:

1 chopped onion
1 lb sliced carrots
½ stick butter
½ cup plain flour
2 ½ cups chicken stock
2½ cups milk
1 orange (juice and rind)
Salt and pepper
1 teaspoon nutmeg
1 oz (one rounded tablespoon) chopped parsley

Method:

Melt the butter and add the onions and carrots. Cook gently (without coloring) then stir in the flour and cook for a further 1/2 minutes. Gradually add the milk and chicken stock. Season with salt, pepper, and nutmeg. Bring to a boil, stirring *constantly*, then simmer for 20/30 minutes. Liquidise before adding orange juice (including shredded rind) and reheat - but do not boil. Serve sprinkled with parsley.

From - www.rampantscotland.com/recipes

Jock once attended a Temperance lecture given by Scotland's top medical man, a noted anti-drink campaigner. The speaker began by placing a live, wriggling worm in a glass of whisky. After a moment or two it died and sank to the bottom.

*The speaker said quietly to the audience, "Now my friends, what does this tell us?"
Jock piped up, "If you drink whisky you'll not be bothered by worms!"*

From - scotlandvacations.com

Scottish Trivia

How did golf caddies get their name?

When Mary, later Queen of Scots, went to France as a young girl (for education and survival), Louis, King of France, learned that she loved the Scot game of golf. So he had the first golf course outside of Scotland built for her enjoyment.



To make sure that she was properly chaperoned (and guarded) while she played, Louis hired cadets from a military school to accompany her. Mary liked this, and when she returned to Scotland (not a very good idea in the long run), she took the practice with her. In French the word cadet is pronounced "ca-day" and the Scots changed it into "caddie."

- from www.visitdunkeld.com/scottish-trivia-210.htm

Coming Events



North County Scots Holiday Party
December 12, 2009 ~ 2 pm ~ Vista Masonic Lodge
Please bring a gift if you would like to participate in the gift exchange (average cost of gift should be \$10). We will have a gift exchange for teens, 13 – 20 and then 21 and over will be for adults.

This will be a potluck, add to the delight by bringing a side dish or hor d'oeuvre to share. If you have children please contact Janette with their names and ages so that she can coordinate with Santa to ensure they get a gift.

Rabbie Burns Supper

January 23, 2010 ~ 5 pm – 6 pm Cocktails; 6 pm – program begins.

Rancho Carlsbad Recreational Center, 5200 El Camino Real, Carlsbad

We are looking for someone to present the toasts and the immortal memory, please contact Janette if you are willing to do either.

Pre-sale ticket prices: (orders must be postmarked by December 31.)

Members	\$35
Non-members	\$40

After December 31:

Members	\$40
Non-members	\$45



Name: _____

Address: _____

Telephone: _____

E-mail: _____

Number of tickets: _____ Beef _____ Chicken _____ Fish _____ Vegetarian

Please mail in reservations to North County Scots, P O Box 1953, Vista, CA 92085-1953

Thank you



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Twelve Days of Christmas

by Windwalker

By Ronald R. Caseby, Chichester, WS, England, UK. PO19 5DN

Origin of "The Twelve Days of Christmas"

The above song to most people is just a nonsense rhyme set to music. But it is more than just a repetitious melody and had quite a serious purpose when it was written. Roman Catholics in England during the period 1558 to 1829 were prohibited from any practice of their faith by law in private or in public. It was in fact a crime to be a Roman Catholic.

"The Twelve Days of Christmas" was written in England as one of the "Catechism Songs" to help secret young Roman Catholics learn the tenets of their faith. The poem was a memory aid for those unenlightened times when to be caught with anything in writing indicating adherence to the Roman Catholic faith could not only get you transported to a nasty place such as America, but also imprisoned, beheaded or hanged.

The song's gifts are hidden meanings to the teachings of the faith. The "true love" mentioned in the song doesn't refer to an earthly suitor, it refers to God. The "me" who receives the presents refers to every baptised person. The partridge in a pear tree is Jesus Christ and the two turtle doves are the old and new Testaments.

The other verses represent the following:

3 French Hens are Faith, Hope and Charity,

4 Calling Bird are The Four Gospels,

5 Golden Rings are the first five books of the Old Testament,

6 Geese A-Laying are the six days of creation,

7 Swans A-Swimming are the seven gifts of The Holy Spirit,

8 Maids A-Milking are the eight beatitudes,

9 Ladies Dancing are the nine fruits of the Holy Spirit,

10 Lords A-Leaping are the Ten Commandments,

11 Pipers Piping are the eleven faithful apostles,

12 Drummers Drumming are the twelve points of doctrine in the Apostle's Creed.