



NORTH COUNTY SCOTS

Newsletter

March 2011



Volume 7

Issue 3

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President's Message

Come and join us for our annual Casino Night. This year's theme is Super Heroes or Movie Heroes. Come dressed as your favorite! We will be raffling a flat screen TV.

Casino Night

Vista Masonic Lodge
761 Eucalyptus Ave.
Vista, CA

March 19, 2011
6 pm – 10 pm



Come and join in some high-rolling, high-action fun!

Play Black Jack, Craps, and Roulette; win tickets for a chance
to win the bucket prizes.

See the flyer included in this newsletter!

Mike Hamnquist

Your Board of Directors

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Jim McAuley

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Rev. Bill Brooks

MISSION STATEMENT

Dedicated to all things Scottish

The stated goal of the North County Scots, as a non-profit organization, is to sponsor Scottish oriented youth activities and find pleasure in activities with other Scottish Associations and friends.

Tartan of the Month

- Duncan

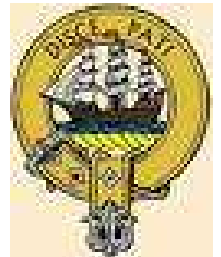


From the Gaelic words "donn" (brown) and "cath" (warrior) the name Duncan was initially a forename and there were two Kings of Scotland with that name in the 11th century, Duncan I and Duncan II. The surnames Duncan and Robertson or Clann Donnachaidh have similar origins, being descended from the ancient earls of Atholl and took their name from Donnachaidh Reamhar who led the clan at the Battle of Bannockburn (June 24, 1314). The Duncans owned lands in what is now the county of Angus but it is found over much of Central Scotland.

Adam Duncan from Dundee became a naval commander and defeated the Spanish at Cape St Vincent in 1780 and the Dutch fleet at Camperdown in 1797, one of the most famous victories of the British Navy for which he was created Viscount Duncan by George IV in 1800. The Rev Henry Duncan founded the first Savings Bank in 1810 in Ruthwell, Dumfriesshire.

Duncan was the 36th most frequent surname at the General Register Office in 1995.

The motto of the clan Duncan is "Disce pati" ("Learn to suffer").



<http://www.rampantscotland.com/clans/blclanduncan.htm>

Traditional Scottish Recipes

- Hotch Potch

Ingredients:

- | | |
|---------------------|---------------------------|
| ½ lb neck of lamb | 4 oz broad beans |
| 3 carrots | 4 syboes (spring onions) |
| 3 turnips | 4 leaves cabbage |
| ½ small cauliflower | 1 Tbs chopped parsley |
| 4 oz shelled peas | 1 qt water |
| | salt, pepper, 1 tsp sugar |



Method:

Wash the meat and put into a pan with cold water and salt. Bring to the boil and skim if necessary. Add pepper. Simmer 1 ½ to 2 hours. Prepare the vegetables according to kind. Dice the carrot and turnip, divide the cauliflower into small sprigs, remove the skin from the beans, slice the syboes and shred the cabbage. Add to the pan all the vegetables except the cabbage and peas and simmer 30-40 minutes. Add the cabbage and peas and simmer 10 minutes. Remove the meat, dice and return to the pan or serve separately. Add the parsley and sugar, correct the seasoning and serve.

This is essentially a summer soup, making use of tender, young vegetables. It should be very thick.

From: *The Home Book of Scottish Cookery*, by Aileen King & Fiona Dunnett



Casino Night



March 19, 2011 ~6 pm – 10 pm

Come and join in some high-rolling, high-action fun!

Play Black Jack, Craps, and Roulette; win tickets for a chance to win the bucket prizes.

Theme: Super Heroes or Movie Heroes, come dressed as your favorite!

We are looking for table sponsors. You or your business can sponsor a full table for \$200 or a partial table for either \$50 or \$100.

We are also looking for donors for bucket prizes and opportunity drawings. **This year we will have a flat screen TV available as a raffle prize.**

Advance ticket sales are \$15 and will be available through March 9.
Tickets at the door will be \$20.

Name: _____

Address: _____

Telephone: _____

E-mail: _____

Number of tickets: _____

Mail in ticket orders to: North County Scots, P O Box 1953, Vista, CA 92085-1953

THANK YOU!

Pipers Revue



Results of the solo piping competition at the Queen Mary Games: Andrew Hahn - 1st place 2/4 March, 2nd place Piobaireachd and 3rd place Strathspey & Reel - Grade III

Cameron Hamnquist - 4th place 2/4 March, 4th place Piobaireachd and 2nd place Strathspey & Reel - Grade III

Results of the solo piping competition at the Phoenix, AZ, Games:

Grade 4 - Hayden Norris 2nd Piobaireachd

Grade 3 - Cameron Hamnquist 2nd 2/4 March , 2nd Strathspey & Reel , 3rd Piobaireachd

Congratulations!

Luxury Whisky Tour
October 9-19, 2011

House of Scotland Member Ray Pearson will be your Tour Leader on this 11 day trip. The tour begins in Glasgow and circles clockwise through parts of The Lowlands, Western and Northern Highlands, the Kintyre Peninsula, and Islay before ending in Scotland's capital city, Edinburgh. For more information on this tour go to www.whiskytastings.com. (Note: trip is limited to 20 people.)

25th San Diego Celtic Festival
March 19, 2011

Highland Dance competition
in the Recital Hall, Balboa Park.


There will be dancing from 9:00 am - 3:00 pm with live pipe music. Dancers will compete in classifications and age groups. The dances will be the Highland Fling, Sword Dance, Seann Triubhas, Reel, and Irish Jig.

There will be a \$5.00 donation at the door for adults. The event is co sponsored by the Naismith Academy of Highland. Come and enjoy a Fling for the day.



Advertise in this space for a year!

It's time to renew or start your advertising. Simply mail in your business card and a check for \$10 and you will appear in the next publication.

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